

"Active retirement",
is for citizens in
Porkeris -, Sunda -, Sørvágs— og
Vága municipality.

Tilmeldingarfreist
5. októbur kl. 12:00 hjá

Vága og Sørvágs kommunur,
Hans Jørgensen
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Sunda kommuna,
Brynjálvur Borðoy
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OLE II IS A PROJECT for
implementation of transnational
findings from citizen dialogues in
Our Life as Elderly, part 1. OLE II is
set among eight municipalities in
five different countries and The City
of Luleå in Sweden is lead partner.
The project works in close co-
operation with staff, citizens,
management and political levels in
each region. The goal is to fulfil the
future requirements, needs and
wishes of our elderly.



OLE2 Networks

To have friends and to be a part of a
social context is important for our
quality of life. Our societies need to
further develop meeting places
where elderly people can meet
without a formal invitation and
where they can participate
in activities of chosen interest.

active retirement

➤➤ *taking active part in
retirement life*

Giljanes School
8. to 10. oktober 2009



Northern
Periphery
Programme
2007–2013

Innovatively investing
in Europe's Northern
Periphery for a sustainable
and prosperous future



European Union
European Regional Development Fund



Thursday October 8th

Registration from 9:00.

10:00: Morningsng and coffie.

11:00: Opening speach: Mayor Albert Ó. Ellefsen.
Introduction to OLE2 and why the municipalities participate in the project.

11:30: "Active as retirement",
program information.

11:40: Student visits at Synuni Nursinghome.
Pupils with teacher tell of their experience.

12:00: Lunch.

13:00: Naerverkid on better health quality.

14:00: Quality time with the kindergarden.

14:30: Harmonica and songs.

15:00: Eldri.fo, Introduction to a new homepage
for elderly

15:30: Guided walk in Midvag (alternative: games
and cards).

17:00: Time off

18:00: Dinner.

19:00: Harmonica, songs and entertainers —
Faroese chain dance.

22:00: End.

Friday Ocotber 9th

09:00: Morningsng and coffie.

10:00: OLE1, Pensioners exchange the Faroes
and Luleå in 2005 . Speakers:
Particioners Maria and Jákup Hansen.

10:30: Guided walk in Sandavag, incl. the
church. Bishop Jogvan Fríðriksson
says a prayer and Niels Midjord sings
Kingo spalms.

12:00: Lunch.

13:00: Life quality. Speaker: Bishop Jógvan
Fríðriksson.

14:00: Quality time with the kindergarden.

14:30: Harmonica and songs.

15:00: Reading by Gutti Petersen.

15:30: Time off.

17:00: Panel discussion on the change from
workforce to retirement.
Panel maned by four pensioners.
Moderator: Lawer Halgir Winther
Poulsen.

18:00: Dinner.

19:00: Linedance with Randi.

20:00: Harmonica, songs and entertainers —
Faroese chain dance.

22:00: End.

Leygardagur 10. oktobur

09:00: Morningsng and coffie.

10:00: Stories from Porkeri,
Hilmar Bech former member of
parlament.

10:30: Rights of pensioners,
Ingrid Selmudottir, National
Pensioneer Organization.

11:00: Guided walk in Sørvág (alternative:
games and cards).

12:00: Lunch.

13:00: Fashion show,
pensioneers show the latest fashion.
Firma John Poulsen Vatnsøyrar.

14:30: End.

Participation free, but please sign up.

Food tickets:

1 day: kr. 100,00

3 days: kr. 250,00.

Night accommodation:

Gistingarheimið á Giljanesi, tel. 332900:

kr. 200,00 per pers. in double room, no breakfast .

Hotel Vágur, tel. 309090 : kr. 400,00 for pr. pers.
in double room, breakfast.